ALLIED DERMATOLOGY
AND SKIN SURGERY

You are scheduled with either Dr. Allison Moosally or Dr. Justin Woodhouse to undergo Mohs Surgery;

MOHS Pre-Surgery Instructions:

- Please be sure to bring a driver for your trip home. You can experience unexpected swelling that may impact your ability to drive.
- Please shower before your appointment. Clean skin is important to minimize infection. Please do not use perfume or cologne prior to surgery.
- Plan to be in our office for at least 4-6 hours the day of your procedure, although the actual time may vary. It is helpful to bring reading material to pass the time. Most of the time is waiting for processing of the specimen removed.
- **DO NOT** plan your surgery close to any major events or vacations. You may have sutures for up to 2 weeks, or a complicated repair after your procedure that will prohibit traveling.
- Please provide a current list of your medications/allergies to the clinical staff.
- You **SHOULD** eat a good breakfast or lunch before your appointment.
- Your blood pressure must be controlled for your surgery. Please avoid excessive sodium, sugar and caffeine 2 days prior to your procedure.
- Please **STOP ALL** vitamin supplements if possible 2 weeks prior to your surgery. Many of them contribute to bleeding.
- Take **ALL** prescribed medications.
- **DO NOT discontinue any prescribed blood thinners or aspirin for your surgery, unless approved by your doctor.**
- For patients on Coumadin/Warfarin, INR levels must be checked 1-2 weeks prior to surgery.
- Alcohol increases bleeding and should be minimized for the day prior and after surgery.
- Smoking significantly impairs your skin's ability to heal and can prolong healing time, with increased risk for infection and abnormal scarring. Nicotine strangulates the tiny vessels supplying blood (nutrition and immune system) for the healing wound. If you smoke or use nicotine, we strongly recommend quitting or decreasing as much as possible prior to surgery and until sutures are removed.
- While we hope your procedure is small and uncomplicated, skin cancers can be aggressive and may result in large or complicated wounds that require a delay in reconstruction for optimal healing. You may need to schedule a separate appointment for reconstruction of the site, if indicated.

For more information, a video detailing the Mohs procedure is accessible by link at the bottom of the homepage of our website. Our website address is located at the bottom of this page.